

11:30 am at the Rec Authority
\$3.00 Cost Share Donation

September Lunch Menu

Macomb County
Residents 60 and older

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Program Closed</p> 	<p>3 Hamburger w/ Cheese, Parsley Buttered Potatoes, Baked Beans, Apple & Strawberry Delight Cookie Labor Day Party</p>	<p>4 Pasta Toscano w/ Italian Sausage & Veggies, Green Beans, Garden Salad w/ Ranch Dressing, Italian Bread & Watermelon</p>	<p>5 Turkey & Noodles, Diced Carrots, Broccoli Salad, Diced Peaches & Dinner Roll</p>	<p>6 Chinese Chicken Mandarin Salad w/ Chow Mein, Romaine/Cabbage/Carrot/Chestnut Mix, Garden Veggie Soup, Banana & Dinner Roll</p>
<p>9 Salisbury Steak w/ Gravy, Zucchini & Tomato, Brown Bean Salad, Tropical Fruit Salad & Corn Bread</p>	<p>10 Tuna Salad Sandwich, Marinated Cucumber/Tomato/Onion Mix, Broccoli Cheese Soup, Orange & Croissant</p>	<p>11 Chicken Cacciatore, Brussels Sprouts, Carrots, Dinner Roll & Blueberries w/ Whip Topping 9/11 Remembrance</p>	<p>12 Turkey Burger w/ WW Bun, Malibu Vegetables, Coleslaw & Fruited Gelatin</p> 	<p>13 Vegetable Lasagna, Green Beans, Garden Salad w/ Italian Dressing, Italian Bread & Apple</p>
<p>16 Sweet & Sour Chicken w/ Oriental Veggies, Veggie Egg Roll, Sweet & Sour Sauce, and Mandarin Orange & Pineapple Bits</p>	<p>17 Greek Chicken Salad, w/ Greek Dressing, Italian Wedding Soup w/ Crackers, Pear & WW Dinner Roll</p>	<p>18 Open Face Roast Beef Sandwich, Mashed Redskin Potatoes, Broccoli Salad, Applesauce & WW Bread</p>	<p>19 BBQ Pork Riblette w/ Bun, Cauliflower au Gratin, Garden Salad w/ Ranch Dressing & Banana International Talk Like a Pirate Day</p>	<p>20 Chicken Pasta Primavera w/ Veggies, Green Beans, Italian Bread & Mixed Berries w/ Whip Topping</p>
<p>23 Potato Crunch Pollock w/ Rice Pilaf, Steamed Mixed Greens w/ Lemon & Vinegar, Coleslaw, Apricots & WW Bread</p>	<p>24 Breaded Chicken Patty Sandwich w/ WW Bun, Carrot Coins, Cucumber/Tomato/Onion Salad & Fresh Orange</p>	<p>25 Stuffed Pepper, Mashed Redskin Potato, Garden Salad w/ Italian Dressing, Pineapple Bits, Roll & Birthday Cake Birthday Party</p>	<p>26 Chef Salad w/ Ranch Dressing, Chicken Noodle Soup w/ Crackers, Pita Bread & Banana</p>	<p>27 Roast Turkey w/ Gravy, Key West Vegetables, Chickpea & Tomato Salad, Pineapple Bits, Dinner Roll & Strawberries w/ Whip Topping</p>